

COLWYN BAY CRICKET CLUB

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Guidelines for participants wishing to use the outdoor nets

Following the recent review by the Welsh Government and the announcement that outdoor sports facilities can open, Colwyn Bay Cricket Club committee have agreed to permit the use of their nets by **club members** from **DATE**

Please read the following guidance which must be strictly observed when booking and using the facilities. You will be required to sign a form to show you understand and will comply with the requirements.

- 1. You must book, please do not just turn up as you will be asked to leave.
- 2. You must not book or attend the club if you show any symptoms of Covid-19, live in a household where there is a possible Covid-19 infection or if you are classed as extremely vulnerable on health grounds.
- 3. The clubhouse and toilets will remain closed throughout.
- 4. You may bring your own filled drinking bottles.
- 5. You must use your own equipment at all times, including balls.
- 6. You must not allow saliva or sweat to come into contact with the ball.
- 7. Social distancing of 2 metres (subject to change) must be maintained at all times (unless practising with your own household).
- 8. Ensure you wash your hands at home before and after the session and bring your own sanitiser where possible.

BOOKING PROCEDURE

A representative of the club will be on site during all sessions. They are there for your safety and their instructions must be followed.

- Only 2 people are permitted to use a net at any one time (there will be 2 nets available so 4 people in total) unless you are exercising exclusively with your household.
- Each booking will be on the hour and last 50 minutes leaving 10 minutes for change over and sanitisation. Daily from 3-7pm, last booking 6pm.
- Juniors (under18) and Macs may book a session but must be accompanied by a parent/guardian/carer from their household, who must stay for the whole session.
- Please arrive no more than 5 minutes before your booking to allow the previous booking to leave.
- Read and confirm your compliance by signing the booking rules form and send
 with your booking request. A parent/guardian/carer should sign if participant is a
 minor or in a vulnerable category, they must also attend the booked session.
- Each booking to be made and confirmed in advance by emailing Lisa O'Melia on: westwell76@talktalk.net